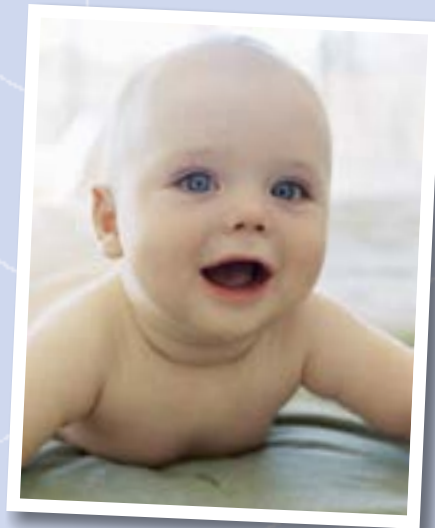




**Talking
Together**

Ages & Stages

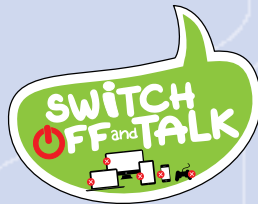
**I'm 6 months old
and very noisy!**



**What is my talking
like at 6 months?**

Your baby will be starting to...

- make and play with different sounds, saying, for example, baba, dada.
- cry in different ways to express different needs.
- make noises to get attention.
- make sounds when people speak to them, almost as if they are talking back!
- recognise different emotions in parent's voice and may respond differently e.g. smile, quieten, laugh.
- smile at familiar faces.
- laugh while playing.



Switch off and talk with me

Helpful Hints

Let me know that what I say is important to you. You can do this by listening and responding when I babble or gesture.

I am never too young to enjoy books, I like looking at the pictures with you!

Play repetitive games, so I can learn what happens next. Bouncing and peek-a-boo are really good fun!



Look to see what I'm interested in. Wait for me to 'talk to you', for example, I will point or babble.

Let me take turns 'talking'. If I babble copy my sounds and we can have a chat!

Get face to face down to my level. You can really look at me and I can look at you.

After 6 months, try to keep dummies for sleep times only, unless otherwise advised by a health professional. For more information, see www.nottinghamshirehealthcare.nhs.uk/lfl-dummies

Visit our Language for Life pages for more information about how to support your child's speech, language and communication development.

www.nottinghamshirehealthcare.nhs.uk/language-for-life
www.facebook.com/nottslanguageforlife

For further information contact
L4L@nottshc.nhs.uk