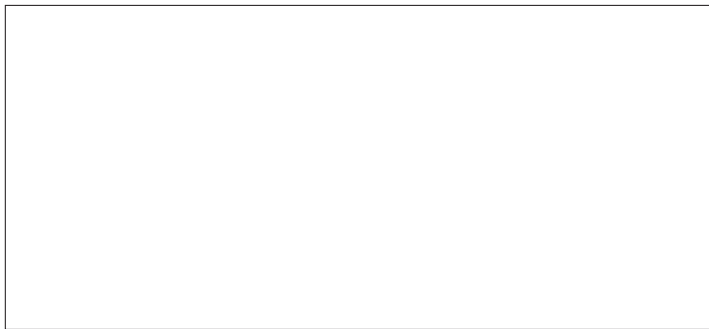


Talking Together

To find out about Children's Centre services across Nottinghamshire, contact Nottinghamshire Help Yourself on **0300 500 80 80**.

Email **enquiries@nottscg.gov.uk**
or visit the website **www.nottshelpyourself.org.uk**



Visit Nottinghamshire's Language for Life website for more information about how to support your child's speech, language and communication development.
www.nottinghamshirehealthcare.nhs.uk/language-for-life
www.facebook.com/nottslanguageforlife

For further information:
<https://hungrylittleminds.campaign.gov.uk>



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Talking Together

Ages & Stages

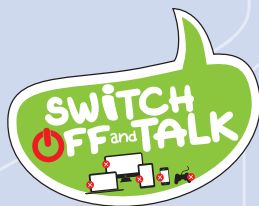
**Can you believe
I'm 18 months old!**



**What's my talking like
at 18 months old?**

Your child is likely to be starting to...

- understand simple questions and instructions e.g. Where's Granny?
- point to body parts and using simple gestures like waving.
- use 10 or more words (these won't always be clear).
- get your attention by pointing or making noises.
- pretend to use real life things when playing, e.g. 'making tea'.
- copy new sounds and words they hear.



Switch off and talk with me

Helpful Hints

Pop along to a local group to give me a chance to play alongside other children.

Let me choose a toy or book so we can talk about things that interest me.

Get down to my level and face to face with me. Then I can look right at you when I'm talking.

Use everyday routines like bath time to give me new words. Repeating words helps me learn them.

I love to sing songs and rhymes, especially ones with actions.

If I say a word, add a bit more on. If I say 'juice', you say 'more juice'. This will help me learn new words.

After 6 months, try to keep dummies for sleep times only, unless otherwise advised by a health professional. For more information, see www.nottinghamshirehealthcare.nhs.uk/lfl-dummies

