

Ages & Stages

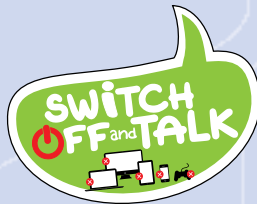
**Wow! Look what I can do
now I'm 12 months old**



What is my talking like now?

Your child is likely to be starting to...

- try to join in songs by 'singing' along.
- babble strings of sounds to people and toys e.g. badamada.
- look at you when you call their name.
- use gestures like pointing and waving.
- understand words like 'up' and 'bye-bye'.
- use the odd single word.
- smile at familiar faces.
- make noises to get your attention.



Switch off and talk with me

Helpful Hints

Talk to me all the day - at bath time, at meal times and in play.

Sing songs and nursery rhymes - especially ones with actions - I love them!

Look at me when we are playing together. It helps me learn to look at you.



Copy the sounds I make like blowing raspberries and babbling. This helps me learn to talk.

I love to look at books. Let me hold them myself and look at what I am interested in.

I love to play with noisy toys, rattles, shakers or squeaky toys. They also help my listening.

After 6 months, try to keep dummies for sleep times only, unless otherwise advised by a health professional. For more information, see www.nottinghamshirehealthcare.nhs.uk/lfl-dummies

Visit our Language for Life pages for more information about how to support your child's speech, language and communication development.

www.nottinghamshirehealthcare.nhs.uk/language-for-life
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