



Knowledge Organiser Year 2. Dreams and Goals



In this Puzzle, children learn how to set realistic goals, recognise their strengths and reflect on achievements. They explore how healthy choices, motivation and perseverance help them succeed and consider how working with others can support learning. Across the six Pieces, children practise teamwork through group challenges, develop problem-solving skills and learn how relaxation and managing feelings can support wellbeing. They reflect on pride, courtesy and sharing success with others. By the end of the Puzzle, children create a shared Garden of Dreams and Goals with Dream Birds, celebrating effort, cooperation and achievement.

Knowledge (<i>substantive</i>)	Social and Emotional skills (<i>disciplinary</i>)	Vocabulary
- I can choose a realistic goal and think about how to achieve it - I know what I need to keep my body healthy - I can recognise who I work well with and who it is more difficult for me to work with - I can work well in a group to create an end-product - I can show or tell you what relaxed means and I know some things that make me feel relaxed and some that make me feel stressed - I know how to share success with other people	- I can tell you things I have achieved and say how that makes me feel - I am motivated to make healthy choices that help me to reach my goals - I can tell you how working with other people helps me learn - I can work with others in a group to solve problems - I can tell you when a feeling is weak and when a feeling is strong - I can tell you how being part of a successful group feels and I can store these feelings in my internal treasure chest	achievement calm celebrate challenge community courtesy dream feelings goal group health/healthy choices hobbies interest/interests learning together lifestyle manners motivation partner product proud realistic relax/relaxation safety self-care

		self-esteem stress success team work tense wellbeing
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Strongest RSHE 2025 Relationships contributions	CF 1 – How important friendships are in making us feel happy and secure; characteristics of friendships. CF 4 – That healthy friendships make people feel included, valued and respected.	CF 6 – How to resolve disputes and reconcile differences. RKR 1 – Paying attention to other people's feelings and treating them with sensitivity.	RKR 5 – Expecting to be treated with respect; respecting those who are different. RKR 8 – Self-respect and its link to happiness.
Strongest RSHE 2025 Health contributions	GW 1 – Helping others in need (contributing, via fundraising and enterprise content). GW 2 - Helping other people with their mental health.	GW 3 – Range and scale of emotions including those around success and disappointment. GW 4 – Vocabulary to describe feelings to others. -	GW 5 – Benefits of community participation. WO 10 - How online content can be targeted at users and designed to attract attention.

Weekly Celebration	Piece <i>and Vocabulary</i>	PSHE learning intention	Social and emotional development learning intention	Resources <i>For every lesson:</i> <u>Jigsaw Charter</u> Jigsaw Chime Jigsaw Jo Jigsaw Jerrie Cat Jigsaw Journals My Jigsaw Journey <u>Learning/Reflection Sheets</u>
Stay motivated when doing something challenging	1. Goals to Success <i>Realistic</i> <i>Proud</i> <i>Success</i> <i>Goal</i> <i>Self-esteem</i> <i>Hobbies</i> <i>Interest</i> <i>Self-care</i>	I can choose a realistic goal and think about how to achieve it	I can tell you things I have achieved and say how that makes me feel	Music <u>Jigsaw Song: 'Make a Good Decision' (embedded in lesson)</u> <u>Help Jigsaw Jo sheet</u> <u>Combined Jigsaw Journeys</u>
Keep trying even when it is difficult	2. Being Healthy <i>Healthy choices</i> <i>Lifestyle</i> <i>Motivation</i>	I know what I need to keep myself healthy	I am motivated to make healthy choices that help me to reach my goals	Treasure chest filled with marbles, beads, coins, coloured stones Large cut-out ladder <u>Jigsaw Song: 'For Me' (embedded in lesson)</u> <u>Ladder template</u>

Work well with a partner or in a group	3. Learning with Others • <i>Learning together</i> • <i>Success</i> • <i>Celebrate</i> • <i>Achievement</i> • <i>Goal</i> • <i>Partner</i> • <i>Team work</i> • <i>Hobbies</i> • <i>Interests</i> • <i>Feelings</i>	I can recognise who I work well with and who it is more difficult for me to work with	I can tell you how working with other people helps me learn	Book: 'The Owl and The Pussy-Cat' by Edward Lear (optional) Card and colouring materials <u>Jigsaw Song: 'There's a Place'</u> <u>French numbers 1-20</u> <u>Mandarin/Chinese numbers 1-10</u> <u>Macerena dance moves</u> <u>Owl and The Pussy-Cat (first 2 verses)</u>
• Have a positive attitude	4. A Group Challenge • <i>Learning together</i> • <i>Challenge</i> • <i>Product</i> • <i>Dream bird</i> • <i>Group</i> • <i>Community</i> • <i>Safety</i> • <i>Health</i> • <i>Wellbeing</i> Puzzle Outcome: Dream Birds	I can work well in a group to create an end product	I can work with other people in a group to solve problems	Soft ball Gentle music Art materials/modelling materials/paints
• Help others to achieve their goals	5. Being Relaxed • <i>Relax</i> • <i>Relaxation</i> • <i>Tense</i> • <i>Calm</i> • <i>Stress</i>	I can show or tell you what relaxed means and I know some things that make me feel relaxed and some that make me feel stressed	I can tell you when a feeling is weak and when a feeling is strong	<u>Printed slide images (optional)</u>

