



# Knowledge Organiser Year 1. Dreams and Goals



*In this Puzzle the class talk about setting simple goals, how to achieve them as well as overcoming difficulties when they try. The children learn to recognise the feelings associated with facing obstacles to achieving their goals as well as when they achieve them. They discuss partner working and how to do this well.*

Knowledge (substantive)	Social and Emotional skills (disciplinary)	Vocabulary
<ul style="list-style-type: none"><li>• Know how to set simple goals</li><li>• Know how to achieve a goal</li><li>• Know how to work well with a partner</li><li>• Know that tackling a challenge can stretch their learning</li><li>• Know how to identify obstacles which make achieving their goals difficult and work out how to overcome them</li><li>• Know when a goal has been achieved</li></ul>	<ul style="list-style-type: none"><li>• Recognise things that they do well</li><li>• Explain how they learn best</li><li>• Celebrate an achievement with a friend</li><li>• Recognise their own feelings when faced with a challenge</li><li>• Recognise their own feelings when they are faced with an obstacle</li><li>• Recognise how they feel when they overcome an obstacle</li><li>• Can store feelings of success so that they can be used in the future</li></ul>	Proud, success, internal treasure chest, stretchy learning, stepping-stones, process, working together, team work, celebrate, challenge, obstacle, overcome, achieve, dreams, goal.

<b>Week</b> <i>and Vocabulary</i>	<b>PSHE learning intention</b>	<b>Social and emotional development learning intention</b>
<b>1. My Treasure Chest of Success</b> <ul style="list-style-type: none"> <li>• <i>Proud</i></li> <li>• <i>Success</i></li> <li>• <i>Achievement</i></li> <li>• <i>Goal</i></li> <li>• <i>Treasure</i></li> <li>• <i>Coins</i></li> </ul>	I can set simple goals	I can tell you about a thing I do well
<b>2. Steps to Goals</b> <ul style="list-style-type: none"> <li>• <i>Goal</i></li> <li>• <i>Learning</i></li> <li>• <i>Stepping stones</i></li> <li>• <i>Process</i></li> <li>• <i>Garden</i></li> <li>• <i>Dreams</i></li> </ul>	I can set a goal and work out how to achieve it	I can tell you how I learn best
<b>3. Achieving Together</b> <ul style="list-style-type: none"> <li>• <i>Working together</i></li> <li>• <i>Team work</i></li> <li>• <i>Achievement</i></li> <li>• <i>Celebrate</i></li> </ul> <b>Puzzle outcome: Dream wellies</b>	I understand how to work well with a partner	I can celebrate achievement with my partner

<b>4. Stretchy Learning</b> <ul style="list-style-type: none"> <li>• <i>Learning</i></li> <li>• <i>Stretchy</i></li> <li>• <i>Challenge</i></li> <li>• <i>Feelings</i></li> </ul> <b>Puzzle outcome: Stretchy flowers</b>	I can tackle a new challenge and understand this might stretch my learning	I can tell you how I feel when I am faced with a new challenge
<b>5. Overcoming Obstacles</b> <ul style="list-style-type: none"> <li>• <i>Challenge</i></li> <li>• <i>Obstacle</i></li> <li>• <i>Overcome</i></li> <li>• <i>Achieve</i></li> <li>• <i>Goal</i></li> <li>• <i>Stepping stones</i></li> </ul>	I can tell you about obstacles which make it more difficult to achieve my new challenge and have ideas to overcome them	I can explain how I feel when I face obstacles and how I feel when I overcome them
<b>6. Celebrating My Success</b> <ul style="list-style-type: none"> <li>• <i>Success</i></li> <li>• <i>Celebration</i></li> <li>• <i>Challenge</i></li> <li>• <i>Internal</i></li> <li>• <i>Treasure chest</i></li> <li>• <i>Feelings</i></li> <li>• <i>Goals</i></li> <li>• <i>Dreams</i></li> <li>• <i>Garden</i></li> </ul>	I can tell you how I felt when I succeeded in a new challenge and how I celebrated it	I know how to store the feelings of success in my internal treasure chest

