

Hallcroft Infant School

RSHE Statutory Guidance Summary

Effective September 2026

1. Executive Overview

The updated Department for Education (DfE) Relationships, Sex, and Health Education (RSHE) statutory guidance shifts the baseline framework for early education. For infant schools, the curriculum strictly encompasses **Relationships Education** and **Health Education**. Sex Education is legally not taught at this phase, meaning there is no parental right to withdraw children from any portion of this statutory curriculum.

Core Principles for Hallcroft Infants:

- **Age-Appropriate Content:** Framework topics are strictly limited to foundational social skills, emotional basics, and physical personal safety suited structurally for early childhood.
- **Anatomical Accuracy:** Standardised biological terminology for human body parts must be introduced. This serves as an essential safeguarding prerequisite enabling children to flag inappropriate touch accurately.
- **Absolute Transparency:** Schools are legally required to make all curriculum outline documents, lesson matrices, and physical/digital teaching materials accessible to parents transparently prior to delivery. Knowledge organisers are available on the website and paper copies can be given out on request.

2. Relationships Education Coding Framework

Standardised acronym keys are used to map statutory learning outcomes. Five distinct codes govern Key Stage 1 Relationships modules:

FPCM Families and People Who Care for Me

Discerning who looks after them, experiencing stability, and recognizing that other families can look structurally varied from theirs while remaining safe and nurturing.

CF Caring Friendships

Developing skills to choose, initiate, and maintain friendships. Learning mutual kindness, cooperative sharing, and understanding how positive play boosts security.

RKR Respectful, Kind Relationships

Cultivating personal self-respect and treating peers with structured courtesy. Developing baseline manners, polite turn-taking, and identifying/dismantling basic stereotypes.

BS Being Safe

Explicitly distinguishing appropriate vs. inappropriate physical touch. Instructing on anatomical privacy (e.g., the NSPCC PANTS rule) and identifying specific, trusted adults to notify if worried.

OSA Online Safety and Awareness

Core 2026 Update: Introducing the rationale that online contacts are often complete strangers. Memorising rules to never share personal information or images without parental oversight. (e.g. NSPCC Techosaurus)

3. Health Education Coding Framework

The revised 2026 framework uses nine acronym keys for physical and mental health units, placing emphasis upon environmental safety and physical wellness:

GW General Wellbeing

Accurately naming core emotions (happiness, grief, anxiety, anger). Executing basic physical self-regulation triggers and understanding that rest balances the mind.

WO Wellbeing Online

Recognising the physiological impacts of excessive electronic tablet, television, or screen utilisation on personal sleep cycles, eye strain, and overall emotional states.

PHF Physical Health & Fitness

Making the link between everyday unstructured physical play, running, and physical stamina.

HE Healthy Eating

Differentiating everyday food groups from occasional high-sugar treats. Visually assembling a balanced standard meal plate.

DATV Drugs, Alcohol, Tobacco & Vaping

Core 2026 Expansion: Spotting common household chemical hazards. Learning that medications are exclusively administered by trusted guardians, and introducing the premise that vaping restricts lung efficiency.

HPP Health Protection & Prevention

Understanding soap hygiene and structured handwashing to halt germs, routine dental care schedules, and sun safe practises.

PS Personal Safety

Core 2026 Elevation: Spotting environmental hazards. Structural rules governing safety around motor vehicle roads, rail grids, open fires, and deep-water reserves.

BFA Basic First Aid

Knowing core concepts for dealing with common injuries and knowing how to get emergency service help.

DB Developing Bodies

Celebrating physical developmental milestones from infancy forward. Naming external human anatomical components precisely for personal safeguarding.

4. Strategic Implementation Actions

- **Policy Alignment:** Review and rewrite the school's written RSHE policy documents ahead of the 2026 term. **(completed)**
- **Resource Validation:** Jigsaw documentation and planning have been modified to reflect these changes and are fully compliant with the new guidance from September 2026, **(completed: knowledge organisers on the website now reflect these changes)**
- **Parental Partnership:** Build absolute transparency by making knowledge organisers and curriculum details available on line (or hard copies on request) for parents. **(see website)**