



Knowledge Organiser: PSHE Year 1 – Spring 1 – V4 2023



Children will know:

Dreams & Goals

- How to set simple goals and achieve them
- How to work well with a partner
- That tackling a challenge can stretch their learning
- How to identify obstacles to achieving their goals and work out how to overcome them
- When a goal has been achieved

Prior Learning Links: (The Jigsaw curriculum embeds prior knowledge from previous years and focuses on developing the children's learning of previously introduced concepts and topics)

EYFS – Nursery F1

- Staying motivated when doing something challenging. Keeping trying even when it is difficult. Working well with a partner or in a group. Having a positive attitude. Helping others to achieve their goals. Working hard to achieve their own dreams and goals.

EYFS – Reception F2

- Staying motivated when doing something challenging. Keeping trying even when it is difficult. Working well with a partner or in a group. Having a positive attitude. Helping others to achieve their goals. Working hard to achieve their own dreams and goals.

Future Learning Links:

Year 2 – Dreams & Goals – Realistic Goals, Perseverance, Working Together, Good Group Working, Sharing Success

Key Facts/Information:

- Children talk about setting goals, how to achieve them and overcoming difficulties.
- They will learn to recognise feelings associated with facing obstacles and achieving goals.
- Children discuss partner work and how to do this well.

Key Vocabulary:

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|---------------|-------------|-------------|
| • Proud | • Coins | • Challenge |
| • Success | • Learning | • Feelings |
| • Achievement | • Process | • Obstacles |
| • Goal | • Celebrate | • Overcome |
| • Treasure | • Stretchy | • Achieve |

Reading Recommendations