



Subject Knowledge Plan – PHSE inc. SMSC & RSHE V2 2023



This is delivered through the Jigsaw Programme which meets the national requirements for RSHE through the PSHE curriculum

This plan details the knowledge to be acquired over the key stages. Reception children will access information, experiences and make links through their continuous provision. Year 1 children will focus on acquiring basic skills and knowledge. Year 2 children will continue with progression of basic skills and be supported to recall knowledge and make conceptual links.

NB: The Character Education Framework (DFE guidance Nov 2019) is delivered through the Jigsaw Scheme with particular emphasis placed in Being me in my world (Autumn 1). Our Character Education is also supported through our Take 5 programme (developing resilience and confidence and helping to provide positive behaviour strategies) and through our school ethos. Our equality of opportunity is evidenced in our curriculum and school policies.

National Curriculum Objectives:

- Developing confidence and responsibility and making the most of their abilities.
- Preparing to play an active role as citizens
- Developing a healthier, safer lifestyle.
- Developing good relationships and respecting the differences between people.

Autumn 1 Farms 6 weeks	Spring 1 Knights & Castles 6 weeks	Summer 1 The Sea 6 weeks
<p>Being me in my world***</p> <p>Knowledge: To know the rights and responsibilities of being a member of my class To know my views are valued To recognise the choices I make and understand the consequences</p> <p>RSHE Relationships Education - Caring Friendships, Respectful Relationships, Being Safe</p> <p>Physical Health and Mental Wellbeing - Mental Wellbeing</p>	<p>Dreams and Goals***</p> <p>Knowledge: To be able to describe how I felt when I succeeded in a new challenge. To be able to explain how I worked cooperatively with a group and how it felt to work as a group</p> <p>RSHE Relationships Education - Respectful Relationships, Being Safe</p> <p>Physical Health and Mental Wellbeing - Mental Wellbeing</p>	<p>Relationships***</p> <p>Knowledge: To be able to say why I appreciate someone who is special to me and express how I feel about them. To be able to identify causes of conflict between me and my friends. To be able to demonstrate how to use positive problem solving techniques to resolve conflicts between me and my friends</p> <p>RSHE Relationships Education - Families and the People Who Care for Me, Caring Friendships, Respectful relationships, Online Relationships (Year 2 only), Being Safe</p> <p>Physical Health and Mental Wellbeing - Mental Wellbeing, Internet Safety & Harms (Year 2 only)</p>
<p>Cross curricular links Healthy food, Healthy Eating</p>	<p>Cross curricular links NSPCC visit</p>	<p>Cross curricular links Water Safety (including Y2 swimming) Leisure centre staff visit</p>
<p>Episodic Events: Harvest festival Macmillan Coffee Morning</p>	<p>Episodic Events: I Love You Day Internet safety day</p>	<p>Episodic Events:</p>

Autumn 2 Fire Fire! 5 weeks & Christmas 2 weeks	Spring 2 Africa 6 weeks inc Easter	Summer 2 Journeys 6 weeks & Transition 2 weeks
<p>Celebrating Difference **</p> <p>Knowledge: To know how to describe some ways I am different from my friends and some ways in which my friend is different from me To know that these differences make us special and why I value this difference</p> <p>RSHE Relationships Education - Caring Friendships, Families and the People Who Care for Me, Respectful Relationships, Online Relationships (Year 2 only), Being Safe</p> <p>Physical Health and Mental Wellbeing - Mental Wellbeing, Internet Safety & Harm (Year 2 only)</p>	<p>Healthy Me **</p> <p>Knowledge: To be able to say why my body is amazing and identify some ways to keep it safe and healthy. To be able to make healthy snacks and say why they are good for you. To be able to recognise how being healthy makes me feel happy and talk about how it feels to share healthy food with my friends</p> <p>RSHE Relationships Education - Respectful Relationships</p> <p>Physical Health and Mental Wellbeing - Mental Wellbeing, Internet Safety & Harms (Year 2 only), Physical Health & Fitness, Healthy Eating, Drugs and Alcohol, Health & Prevention</p>	<p>Changing Me ***</p> <p>Knowledge: To be able to identify parts of the body that make girls different to boys and use the correct name for these parts (penis, testicles, vagina) and appreciate that some parts of my body are private. To be able to respect my body To say what I like/don't like about being a boy/girl</p> <p>RSHE Relationships Education - Families and the People Who Care for Me, Respectful relationships, Being Safe</p> <p>Physical Health and Mental Wellbeing - Mental Wellbeing, Changing Adolescent Body</p>
<p>Cross curricular links Fire Safety. Fire engine visit. Reindeer (caring for animals)</p>	<p>Cross curricular links Water safety (Y2 swimming) Dental nurse visit FS animal visit Chicks (growth, change, caring)</p>	<p>Cross curricular links Road safety visit Ambulance visit</p>
<p>Episodic Events: Anti-bullying week 11th-15th Nov Children in Need Christmas</p>	<p>Episodic Events: Easter Mother's Day</p>	<p>Episodic Events: Leavers assembly Transition</p>
<p>Continuous Provision: Jenny Mosley strategies: Golden Rules, Playtime rules, Lunch times rules, listening rules. Jigsaw assemblies Take 5 Links to cookery sessions and PE re Healthy lifestyles. Links to science (healthy eating, growing plants, growth and change) Links to computing (online safety)</p>		
<p>British Values: Mutual Tolerance We encourage children to participate in a wide range of events and provide opportunities for pupils to interact with the wider community in order to nurture tolerance, understanding and respect between all members of our society. Respectful Attitudes We help pupils to acquire an understanding of, and respect for, their own and other cultures and ways of life. Democracy Pupils have the opportunity to have their voices heard and are able to express their views freely The Rule of Law Throughout the year we welcome visits from members of the wider community and from public institutions such as the Police, the Fire Service and local MP's and Councillors to help reinforce the importance of the Rule of Law for our pupils. We ensure that school rules and expectations are clear and fair and our pupils understand that rules are there to protect us just as living under the rule of law protects all individuals. Individual Liberty We support pupils to develop their self-knowledge, self-esteem and self-confidence. Pupils are encouraged to know, understand and exercise their rights and personal freedoms and how to exercise these safely. Pupils are taught to respect the rights of others and to consider their responsibilities toward other people including taking responsibility for their behaviour.</p>		