



Knowledge Organiser: Swimming Summer 2 (Year 2) (V2)



Children will know:

- How to keep afloat, move in the water, meet challenges and breathe when swimming.
- How to enjoy being in water and how to become more confident.

Key Facts/Information:

- That there are different ways to move in water
- That we use our arms and legs to propel ourselves in water
- Recognising how water affects their temperature
- Recognising how swimming affects their breathing
- Identifying the difference between different arm and leg actions

Characteristics of Effective Learning:

Exploring, Observing, Having a go, Concentrating, Persisting, Enjoying, Achieving, Independent Thinking, Making Links.

Foundation Stage Learning Links:

Health and Self Care: ELG: Children know the importance for good health of physical exercise and a healthy diet, and talk about ways to keep healthy and safe.

Reading Recommendations

Swimming teachers from Retford Leisure Centre to deliver this unit

Key Vocabulary:

- Walk, hop, skip, run
- Push and pull with the arms
- Lie on front and back
- Armbands, floats
- Breathe
- Underwater
- In water
- On water